

PHYTOPHARMACOLOGY IN TREATMENT OF STOMACH DISEASES

IRMINA WOJCIECHOWSKA, ALEKSANDRA WOJCIECHOWSKA, KAROLINA WIESZCZYCKA

*Poznan University of Technology, Institute of Chemical Technology and Engineering, Berdychowo St. 4, 60-965 Poznan,
e-mail: irmina.w.wojciechowska@doctorate.put.poznan.pl, aleksandra.w.wojciechowska@doctorate.put.poznan.pl*

Summary

In recent years, there has been growing interest in phytopharmacology, that is the use of plants materials and their processed products in therapy. This trend, associated with the desire to live in harmony with nature and to exclude from medicaments highly processed products, leads to the search for plants rich in substances that represent a natural remedy for various diseases. This article points to several common plants occurring in Polish grasslands, wilderness and backyards, which have found widespread use in the phytotherapy of stomach diseases. In addition, it describes the effects and mechanism of action of chemical compounds contained in herbs on the human body.